



Health and Social Care Update

No 106 : 2 December 2016

Events & training

Time for Hampshire project – workshops to find out more 5 and 12 December

Timebanking UK are working in partnership with a number of organisations, supported by HCC Adult Services, to run a project – Time for Hampshire. This project will plan, design and implement a network of local time banks, in order to mobilise communities to give and receive support within their community, offering a variety of ways in which members can earn and spend time credits, removing barriers to participation and improving wellbeing for all.

They are looking for partners and stakeholders to become part of this new project and are running two free workshops for you to find out more. The first session is to be held in Romsey on 5 December and the other is in Waterlooville on 12 December. The sessions are just two hours long. To book a place or find out more, please contact Janet Compton, Hampshire Network Project Manager at janet@timebanking.org or phone 07494 353959.

Mental capacity film

Do you know how to help someone who may lack capacity, to make decisions? In a new film, Baroness Finlay, Chair of the National Mental Capacity Forum, explains how the Mental Capacity Act can support care staff with difficult decisions. "The MCA isn't a blanket judgement over people's mental capacity." The video is available on the [SCIE website](#).

Funding, finance & awards

Tampon Tax Fund opens for bids

Minister for Civil Society, Rob Wilson, has opened the [2017 / 18 round](#) of the Tampon Tax Fund. Organisations who work to improve the lives of disadvantaged women and girls, including those who have been affected by violence, are encouraged to submit bids. For a copy of the Tampon Tax Fund criteria and guidance, and application form, please email tff@cabinetoffice.gov.uk Deadline for applications: 27 January 2017.

Downlands Educational Trust – supporting the education of children & young people with special needs

The trustees' policy is to make [grants for equipment and projects](#), including training courses, to charitable schools and other registered charities supporting children and young people with special needs in Kent, Sussex, Surrey, Hampshire and the Isle of Wight. Grants average around £1,800. Projects recently funded range from a horticulture project and outdoor education visits to counselling for parent carers. Next deadline: 10 January.

HCC Short Breaks for Disabled Children – grants over £5,000 for 2017/18

Larger grants of over £5,000 are available for activities taking place from 1 April 2017 until 31 March 2018. [Grant are available](#) to organisations who provide any type of short breaks activities - out of school hours activities, play schemes/youth clubs for children and young people with disabilities and/or additional needs. Organisations might be specialist providers of services for children with disabilities or providers of activities for all children who want to include children with disabilities and additional needs. Deadline: 16 December.

Grants closing soon

[Help The Homeless](#) – 15 December

[Woodward Charitable Trust](#) – 16 December

[Power to Change Community Business Fund](#) – 16 December

[Children in Need Main Grants](#) – 13 January

Tender opportunities with [Hampshire County Council](#)

- **Independent Sexual Violence Advisor:** ISVAs offer practical support and advice to people who have experienced rape, sexual violence/abuse or sexual exploitation at any point in their lives. This would include supporting people to report a crime to the police and throughout the criminal justice process but that is not a requirement to access the service. This service would largely work with adults living in the Hampshire County Council and Portsmouth City Council area. Deadline: 22 December.

Tender opportunities with [Portsmouth City Council](#)

- **Independent Brokerage for Continuing Healthcare:** the City Council is inviting suitably qualified and experienced provider organisations, to submit a proposal for the provision of an Independent Brokerage for Continuing Healthcare Service to start February 2017. Deadline: 9 December.
- **Advocacy and Independent Visitor and Child Sexual Exploitation Service - market consultation:** Portsmouth City Council are consulting on proposals to tender for Child Sexual Exploitation and Missing Service, and Advocacy and Independent Visiting under one contract. Access the consultation via InTend. Deadline: 13 December.

Tender opportunities with [Southampton City Council](#)

- **Family Support Services:** deadline 9 December
- **Edge of Care Service:** Southampton has seen a significant increase in the numbers of children coming into care. A decision was made to investigate the potential for developing a service to provide a rapid and intensive service to prevent children and young people coming into care, known as the Edge of Care Service. Deadline: 20 December. (There was an earlier engagement event around this service, as the intention was for this to be a social impact bond based service.)

[Regulation, registration, and safeguarding](#)

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[Get involved](#)

Funding for supported and sheltered housing: consultation

Supported housing will continue to be exempt from the Local Housing Allowance (LHA) cap until 2019. From then a new funding model is to protect the sector from the cap with a top-up of additional ring-fenced funding. Government is now [consulting on the funding model](#)

for supported and sheltered housing as well as on how funding for emergency and short term placements should work. The deadline for responses is 13 February 2017.

From 2019/20, core rent and service charges will continue to be funded through Housing Benefit or Universal Credit up to the level of the applicable LHA rate. For costs above the level of the LHA rate, government will devolve an amount of funding for disbursement locally. In England, the funding will be devolved to local authorities to provide additional 'top up funding' to providers where necessary, reflecting the higher average costs of offering supported housing, compared to general needs.

Transforming local NHS services in Fareham

The ten GP practices in Fareham, Southern Health NHS Foundation Trust, Fareham & Gosport CCG and the voluntary sector are working together to improve local services. Local people have said that they want to see GPs and other health and social care staff working more closely together. They would also like to be able to access urgent GP appointments more easily, and to have the choice of convenient alternatives such as telephone and online consultations. Local people would also like IT services to be used more effectively so that their patient record is available to all of the professionals caring for them.

GP practices are now working together to see how they can transform local GP services and want to hear your views to help them in this work. You can share your views by completing a [quick online survey](#). The responses will be used to help shape the future planning of health services as part of the Better Local Care (BLC) vanguard. Deadline: 5.00pm, 23 December.

NHS 111 service - your call

A contract re-procurement process is being jointly run by Portsmouth, Fareham & Gosport, and South Eastern Hampshire CCGs for the NHS 111 service, available 24/7. The phone service is vital not only in terms of providing advice and support for people with urgent, but not life-threatening, health concerns, but it also plays a central role in managing demands on other parts of the local health service - especially A&E, and GP surgeries.

Within the next few months the local NHS will start the process to award a new 5-year contract. Before any new contract is finalised, there are a few questions they would like to explore with local people, to give them a better idea about what your priorities are. Some of those questions are...

- how can it be improved?
- what else could NHS 111 do, eg booking a same-day appointment with a GP? Is there anything you think the NHS 111 service shouldn't do?
- would you like the idea of NHS 111 becoming effectively the only number you need to make contact with any local health service or health team?
- would you be happy for NHS 111 staff to be able to access your medical records, to help make informed decisions about the care you may need?

Something to bear in mind, though not mentioned by the CCGs, is how would you feel as well about a private sector provider winning the contract? [The survey is available here.](#)

Policy & practice

Great expectations: HIOW Sustainability and Transformation Plan

Local plans for improving health and care services during the next five years across Hampshire and the Isle of Wight – the Sustainability and Transformation Plan (STP) – have been published. They provide a framework for improving local health and care services, in a way that sees the development of new ways of working and service models, whilst delivering savings for the local health and care economy. The hope is that the investment and savings identified within the Plan, with a further £63m of savings of savings still to be worked on, will get them to a break-even position. The STP and summary document are on [Action Hampshire's website](#) together with a statement from Healthwatch Hampshire.

National priorities have to be covered off in all STPs, including:

- **preventing ill health and moderate demand for healthcare** such as reducing childhood obesity, enrolling people at risk in the diabetes prevention programme, doing more to tackle smoking, alcohol and physical inactivity and to **reduce avoidable admissions**
- a step change in **self care** in patients, **expand the use of personal health budgets** and patient choice, and improve the health of NHS employees
- improving the **resilience of general practice** by supporting primary care redesign
- **new care models** with stronger collaboration across services
- NHS England's 2020 **key clinical ambitions on cancer, mental health, learning disabilities, maternity services, dementia**
- utilising **technology** to accelerate change
- **developing the workforce** needed to deliver these services and change

In shorthand, the aim of the local HIOW STP is:

- increased focus on prevention and self care, supported by technology – diabetes prevention, cancer screening, tackling obesity in childhood, smoking and alcohol consumption
- reduced demand on acute services / tackling discharge delays
- people to benefit from more health and care services being provided closer to or in their homes, give them more choice about when and where to receive treatment, less travelling time to attend appointments and less time waiting for appointments, diagnostic tests and test results; however, some patients may find they will have to travel further for specialist services
- more opportunities to be cared for at home and in the community rather than in a hospital setting; more independent living
- integrated hubs and work teams

There are six priority action delivery programmes:

- 1 achieve a radical upgrade in prevention, early intervention and self care
- 2 accelerate the introduction of new models of care
- 3 address the issues that delay patients from being discharged from hospital
- 4 reconfiguring acute hospital provision across the southern strip – the Solent Acute Alliance
- 5 determining the best option for acute service in North & Mid Hampshire
- 6 improve the quality, capacity and access to mental health services (see Mental Health Alliance below)

These are underpinned by four enabling programmes:

- 1 digital infrastructure
- 2 estate infrastructure rationalisation – release sites no longer required/providing a quality environment
- 3 workforce
- 4 new commissioning models

Rather than go through the STP, we highlight below a number of points of interest which may not be so clearly apparent:

- better discharge planning – every patient to have a discharge plan, shift in care to community provision; increased use of VCS to support discharge; **grow the domiciliary care workforce and capacity** (it notes that HCC’s transformation of adult services has recommissioned domiciliary care from a wider provider base)
- independence and self care – use an **eConsult platform** (a tool to consult with primary care from home) supporting self care and channelling people to best care settings; introducing care navigators (someone who co-ordinates a person’s care and makes sure they can gain access to any services and community support they want or need) and social prescribing (linking people up with support and resources in the community)
- a fully **integrated digital health and social care record**, accessible by staff from any location
- workforce management ‘as one’ across HIOW – there is to be **no increase in the paybill over the next five years**; greater clinical and back office collaboration; more training of workforce to enable them to take on new tasks; **health and care roles which are more attractive to local people to strengthen community based workforce**; develop workforce to be health champions, having ‘healthy conversations’ at every contact (MECC – making every contact count)
- **cost reductions in Continuing Health Care** – ‘efficiencies of £36m’
- the **8 CCGs have established a commissioning board** and a commitment to work together on commissioning **acute physical and mental health services**
- closer integration of health and social care commissioning around ‘place-based’ solutions; Portsmouth is cited as a good example of joint health and social care, under one director, with a joint operating plan
- VCS listed as a stakeholder in models of integrated care, flow and discharge
- local delivery systems will need to **“agree methods for monitoring quality across new provision platforms, eg digital and voluntary services”**

There is admission that partnership has to become the norm, because it has not been the culture hitherto and there is acknowledgement that “as a system our delivery capability is immature”.

The Mental Health Alliance

This is a core programme of the HIOW Sustainability and Transformation Plan. This comprises the four Trusts providing mental health services (Southern Health NHS Foundation Trust, Solent NHS Trust, Sussex Partnership NHS Foundation Trust and Isle of Wight NHS Trust), commissioners, local authorities, voluntary sector and people who use services, working together in an Alliance to deliver a shared model of care with standardised pathways and take forward the Five Year Forward View for Mental Health. It aims to review and transform:

- acute and community mental health care pathways
- rehabilitation and out of area placements
- mental health crisis pathways

Transformation of mental health services for children and young people including access to tier four beds for young people will be aligned to the Mental Health Alliance and the STP delivery plan. There will be integrated approaches to commissioning mental health services on an Alliance wide basis. The Alliance is committed to more being done to prevent the development of mental illness and promoting earlier intervention not only in primary care but by making every contact count. There is a commitment to review how money from physical health services can be transferred to mental health services. The Alliance will develop the workforce to deliver holistic and integrated services.

Holding our mental health services to account

[The Mental Health Five Year Forward View Dashboard](#) was published in October 2016 as a response to the recommendation in the Five Year Forward View for Mental Health that NHS England create a tool that would be used to monitor performance, measure progress and hold organisations to account. Results will be publicly available so there is an expectation that service users, their families and carers will be able to see how local services are doing and make choices about their care. The measures are structured around the core elements of the mental health programme: children and young people's mental health, perinatal mental health, adult mental health: common mental health problems, adult mental health: community, acute and crisis care, secure care pathway, health and justice, and suicide prevention. It will also monitor employment and settled housing outcomes for people with mental health problems.

Hampshire Health and Wellbeing Board priorities

Following the last Board meeting on 27 September 2016, a workshop session was held when participants identified a priority cross cutting theme/ 'wicked issue' that the Board could add value to, under each of the strands of the Joint Health and Wellbeing Strategy:

- Starting Well: Resilience for young people
- Living Well: Obesity and physical activity
- Ageing Well: Social isolation
- Healthy Communities: Education/motivation to choose a healthy lifestyle

The proposal is that there will be another workshop in order to identify how the Board intends to take forward these topics. You can see a report on the September workshop on [Hantsweb](#).

Autumn Statement fails to address the sense of financial crisis and distress in health and care

The media is full of stories about ambulances not responding to emergency calls, *because* they are waiting in queues outside A&E departments, *because* there aren't enough beds, *because* social care isn't providing enough help and support in the community. There is also more gloom about providers handing contracts back to the council as they don't pay enough; we've also heard homes may be opting for self-funders in preference to public sector funded people. And ITV is running stories about poor mental health services, with the money promised by government not reaching the front line.

No wonder [the ADASS](#) (Ass of Directors of Adult Social Services) responded to the Autumn Statement saying that the failure to provide desperately needed extra funding for adult social care means that this winter and throughout next year we will inevitably see more older and disabled people not getting the care and support they rely upon to survive each day, an even greater toll being placed on the 6.5 million family members and other carers, increasing delays in the NHS, and even more care homes closing and growing gaps and failures in the care market. “The government has plainly ignored a wide range of respected voices; The Care Quality Commission, The National Audit Office, The Health Select Committee, professional bodies, charities, care providers, independent experts and leading figures in the NHS.”

[The ADCS](#) (Ass of Directors of Children’s Services) was equally despondent, saying the failure to act now will let down future generations. Austerity measures “coupled with soaring levels of demand for children’s services has meant that reductions in early help and preventative services have been necessary in order to balance the books and in some places there is a real risk that core services for children and young people will not be adequately funded”.

13,500 people living with an undiagnosed HIV infection in the UK

According to new figures released on World AIDS Day by [Public Health England](#), an estimated 101,200 people are living with HIV in the UK. Of these more than 13,500 are living with an undiagnosed infection. PHE is working to reduce the number of people living with undiagnosed HIV by improving access to testing and is funding HIV home-sampling test kits which can be ordered online.

It is critical that anyone who is at risk of HIV, such as those living in high prevalence areas or who have recently had sex with a new or casual partner, gets tested because those diagnosed early can have a life expectancy almost matching that of people who are HIV free. People who are undiagnosed or diagnosed late have poorer health outcomes and are more likely to die prematurely, they are also more likely to pass on the infection to others.

What’s new?

Local HIV charity Positive Action faces uncertain future after funding slashed

At the beginning of November we reported that local charity, Positive Action, had received national recognition by the award of a grant from Public Health England. The grant was from a fund to support projects that offer new and innovative ways of delivering HIV prevention, and the successful projects all target groups at high risk and are supported by their local authority.

How ironic then that, despite this and in light of the news from PHE (see above), the [Daily Echo](#) recently ran this story. The story related to cuts by Southampton City Council, and is an additional blow in a city where the only other HIV support charity, Groundswell, recently closed its doors. If that were repeated by other local councils, do we just say ‘goodbye’ to a local provider operating in a niche area?

Isle of Wight double decker bus to serve the homeless

A double decker bus has been turned into a mobile homeless shelter for people on the Isle of Wight. Charity worker Kevin Newton has created Bus Shelter to help rough sleepers, providing shelter for up to 16 people at a time and it is now open for business. He came up

with the idea after the Isle of Wight night shelter was scrapped last year. The bus has 14 sleeping pods and two beds and costs will be minimal with local business helping to fund food and gas. [See BBC news story](#).

What is the impact of social action befriending services at the end of life?

The Cabinet Office commissioned an Evaluation of the End of Life Social Action Fund. Six organisations were funded to deliver social action befriending services. Evaluation work explored how effective the services were at improving quality of life for adults in the last year of life, and aimed to provide lessons for similar interventions in the future.

[The report](#) recommends that social action volunteer delivered befriending services should continue to be developed to provide an important and unique element of high quality end of life care. Service commissioners, funders, service providers and communities should consider how they can support the development of these services.

Online bullying counselling on increase, says Childline

The number of children and young people needing [counselling about online bullying](#) has increased by 88% over five years, according to the Childline helpline. Some children as young as 7 told Childline how they were tormented, abused and scared to go to school. The charity said online trolls caused misery and humiliation for thousands of children.

Independent Living Survey 2016

A report published by [In Control](#) on behalf of the Independent Living Strategy group, presents the findings of an online survey looking at what impact the Care Act is actually having on the day-to-day lives of disabled people living in England today. Key findings include:

- just under half (48%) of all respondents reported that the choice and control they enjoyed over their support was poor or very poor.
- well over half (58%) of respondents reported that their quality of life had reduced or reduced significantly over the past 12 months.
- more than a quarter (27%) of respondents reported an increase or a significant increase in the amount of money they have to contribute towards the cost of their support.
- the amount of support was rated as poor or very poor by 44% of respondents
- one in four people had been told their support would be reduced because of cuts/savings and/or there is a limit to the amount of money you can get for a particular service.
- most commonly people rely on friends and family (33%) and user led organisations (22%) for information and advice; only 16% used their local authority's website for information.
- over half (51%) of direct payment recipients reported that the information, advice and support they get to manage their direct payment was poor or very poor.